

SFL - Adjustment of Conversion Rate on Convertible Notes

Press release from Ship Finance International Limited, September 11, 2019.

Ship Finance International Limited (NYSE: SFL) ("Ship Finance" or the "Company") today announced that the Company has adjusted the relevant conversion rates related to its outstanding convertible notes as indicated below. The adjustments are done pursuant to the relevant loan agreements, as a consequence of Ship Finance's declaration of a dividend of USD 0.35 per share, and the shares of the Company trading ex-dividend on the New York Stock Exchange as of today.

Senior Unsecured Convertible Notes

Issuer: Ship Finance International Limited

Issue amount: USD 164,000,000

Issue date: April 23, 2018

Maturity: May 1, 2023

Coupon: 4.875%

Conversion Rate, as adjusted: 61.8633* (September 11, 2019)

ISIN: US 824689AG86

Senior Unsecured Convertible Notes

Issuer: Ship Finance International Limited

Issue amount: USD 225,000,000

Issue date: October 5, 2016

Maturity: October 15, 2021

Coupon: 5.75%

Conversion Rate, as adjusted: 64.1186* (September 11, 2019)

ISIN: US G81075AF39

*Subject to consent by the trustee

September 11, 2019

The Board of Directors
Ship Finance International Limited
Hamilton, Bermuda